



Season's Greetings for 2017

As this year draws to a close, we would like to extend our warmest thanks to all those who have supported carers and our service this year.

During the Christmas period our service will be unavailable from 12 noon Friday, 22nd December 2017 until 9am Tuesday, 2nd January 2018

We can be contacted by email carers@wlcvs.org or leave a message on 01695 733737 and will follow up enquiries from 2nd January 2018. If you have a caring emergency during this time please contact the Duty Social Care Team on 0300 123 6720

BULLETIN CHANGES

As there have been so many groups requesting a listing in our bulletin, we have made a change to the layout. You can now find all the regular groups listed on the back page. Any changes to usual times/locations/activities will be listed below, here on this front page.

If you know of a group who may be able to help support a carer please let us know and we'll look to include them in subsequent issues.

LOCAL SUPPORT GROUPS

Please see *over page* for regular meeting and support information.

MEETING CHANGES:

Ormskirk Carer Support Group: Their 13th December meeting is cancelled. Next meeting will be 10th January 2018

Parbold Carers Support Group: Their next meeting will be on 20th December. Please note the January meeting is cancelled

Hillside Health Centre – Drop-in: The December drop-in is cancelled, with the next one booked for 18th January 2018, 9.15 – 10.15 am

Parent Carer Forum: Next meeting Tuesday, 12th December 9.30 – 12 noon held at Eavesdale Neighbourhood Centre, Tanhouse, Skelmersdale WN8 6AU (formerly First Steps Children's Centre) For more information please contact Sue Gaskell in 01772 532509

MacMillan Carers Support Group: This meeting is changing to the FIRST Tuesday of each month 1.30 – 3pm, see over page for location. For more information contact Caroline Flynn 01695 656533 caroline.flynn4@nhs.net

Myeloma Support Group – West Lancs & Merseyside: Their next meeting scheduled for Tuesday 5th December 2 – 3.30pm will be held at the **Hungry Monk, Cambridge Arcade, Southport** for Christmas lunch and chat. For more information contact David Simister on 07515 668762

Lighthouse Parent Support Group – their next meeting on 8th December (10 – 12) will have Christmas Crafts, mince pies, hot drinks and chat – all welcome

EVENTS

Christmas Nostalgia Afternoon – 6th December 2017, 1.30-3.30pm at the Wellbeing Centre, Moorgate, Ormskirk L39 4RY AGE UK Lancashire Dementia Services invite you to an afternoon of nostalgic festive fun. Mince pies, Quiz, Raffle, Memorabilia, carol singing – All welcome, no booking necessary. Call 0300 303 1234 for more information.

REMINDERS

Carers Assessments / Peace of Mind for Carers plans – These can be reviewed with Ncompass every 12 months or sooner, if there has been a change in circumstance. Please contact **Ncompass** to arrange a review on **0345 688 7113** if changes have occurred since your last assessment/review.

If you know of anyone who is an informal carer, who lives in West Lancashire and who would be interested in using our service, please share our contact details carers@wlcvs.org | 01695 733737 | @carerssupportWL

**If you are a carer or a professional wishing to receive this bulletin bi-monthly,
get in touch to register your details**



LOCAL SUPPORT GROUPS

Ormskirk Carers Support Group	2 nd Wednesday in the month 10 – 11.30am	Brookes Bistro, Brookside, Aughton Street, Ormskirk, L39 3BH
Parbold Carers Support Group	3 rd Wednesday in the month 1 – 2.30pm	Coffee Etc., Station Road Parbold, WN8 7NU
Carers Café Free refreshments, both carers and loved ones welcome.	1 st Thursday in the month, 2 - 4pm Contact Christina 01704 215500	Sutton Grange Care Home, Greaves Hall Avenue, Banks PR9 8BL
Twinkle House Carers Drop In	First week in the month, 4-5pm contact CSWL on 01695 733737 for dates	2 Gorsey Place, East Gillibrands, Skelmersdale, WN8 9UP
Hillside Health Centre Carers Drop-In	3 rd Thursday in the month 9.15 – 10.15am	Tanhouse Road, Skelmersdale, WN8 6DS
Macmillan Carers Support Group	1 st Tuesday in the month, 1 – 2pm	Macmillan Information & Support Centre, Unit 49, The Concourse, Skelmersdale WN8 6NL
Parent Carers Forum Meetings/Events	Contact Sue Gaskell 07584 217661 or 01772 532509	Various – please enquire
Parent Carer Group For parents and carers of children/young people with additional needs.	2 nd Thursday in the month 9.30 – 11.30am Contact Joan Bill 07484 131652 or joanmbill@gmail.com	St Anne's Parish Centre Prescott Road, Ormskirk L39 4TG
Parent Carers - The Lighthouse This group supports parents of children with additional needs.	2 nd Friday in the month, 10 – 12noon Contact Jan Christie 01772 816727	Hesketh Bank Christian Centre, Moss Lane, Hesketh Bank, PR4 6AA
Ncompass Coffee & Chat sessions in West Lancashire for carers	Please contact them for their current newsletter and dates/locations of their drop-ins on 0345 688 7113	Various locations
Prostate Cancer Support Group Southport & West Lancs	1 st Thursday in the month, 7 – 9pm. Contact Bev Lean on 01704 807945 or bevplean@hotmail.com	Hurlston Hall, Southport Road, Scarisbrick, Lancs, L40 8HB
Myeloma Support Group West Lancs & Merseyside This group is for carers as well as patients affected by myeloma	1 st Tuesday in the month, 2 - 3.30pm Contact David Simister 07515 668762	Training Room (upstairs), Parenting2000, The Lodge, Mornington Road, Southport PR9 0TS
Breathe Easy Support Group For anyone with lung complaints or breathing difficulties	3 rd Thursday in the month 11.15 – 12.30pm	Guide Head Quarters, Green Lane, Ormskirk L39 1ND
Parkinson's Mutual Support Group Ormskirk & District	2 nd Friday in the month, 2pm For more information 0300 123 3683 elhughes@parkinsons.org.uk	St Michael's Church Hall, Church Lane, Aughton L39 6SB
Macmillan Cancer Information & Support Drop-In There are Information Points in Tarleton, Ormskirk and Skelmersdale Libraries for anyone interested in or affected by cancer. Contact Caroline Flynn 01695 656533 or caroline.flynn4@nhs.net	First Wednesday in the month 9.30 – 11.30am	Parbold Surgery, 4 The Green, Parbold, WN8 7DN
	Last Friday in the month 9.30 – 11.30am	Tarleton Health Centre, Gorse Lane, Tarleton, PR4 6UJ
	2 nd Wednesday in the month 9.30 – 11.30am	North Meols Medical Centre, Church Road, Banks, PR9 8ET
	Monday to Friday 1 – 4.30pm	Unit 49, The Concourse Shopping Centre, Skelmersdale WN8 6LN
Stroke Association Peer Support Group	Last Tuesday in the month 10.00 – 12.00noon 0151 305 0015 or 07717 275 826 karen.bellew@stroke.org.uk	Function Room Brookside Retirement Living, Aughton Street, Ormskirk, L39 3BH
Skelmersdale Veterans Association	2 nd Sunday in the month, 2pm For more details call 0753 5514309 or search for them online	The Hare & Hounds, 242 Ormskirk Road, Skelmersdale WN8 9AA
Self-Advocacy Network Meetings A service user network for those needing support with advocating for themselves	1 st Tuesday in the month 1.30 – 3.30pm Contact James Hughes 07821 05682	West Lancs Link, New Church House, Church Street, Ormskirk L39 3RD

LOCAL SUPPORT GROUPS

